

Special Olympics Seminole County

2008 Gymnastics

Location: Brown's Gymnastics, 740 Orange Avenue, Altamonte Springs FL 32714

- Wear comfortable clothes to practice.
- Athletes must take off their shoes and socks when in the gym.
- Clothes worn can not contain any buttons or zippers.
- We encourage wearing elastic stretch shorts and/or leotards.
- Don't forget: in order to advance to State Games, you must attend 70% of practices between the start of the season and Area Games.
- IF you miss practices because of other Special Olympics events, your absence will be excused. That means you need to attend 9 of the 13 practices before Area.
- Parents must sit in the observation room while practice is in session (upstairs).
- No food or drinks are allowed in the gymnasium in exception to bringing water.
- Please bring and drink lots of water!
- Each athlete must sign a release waiver provided by Browns Gym to practice.

Admin. Coach: Mindy Setzer, 321-276-6463, Msetzer@SpecialOlympicsSeminoleCounty.org

Artistic: Katheryn Claytor, pasogirl99@aol.com **Rhythmic:** Maria LoPorto, portoboss@netzero.net

Date	Event
Tuesday, June 17, 2008	Practice from 5:30pm-6:30pm
Tuesday, June 24, 2008	Practice from 5:30pm-6:30pm
Tuesday, July 01, 2008	CANCELED - Gym closes early
Tuesday, July 08, 2008	Practice from 5:30pm-6:30pm
Tuesday, July 15, 2008	Practice from 5:30pm-6:30pm
Tuesday, July 22, 2008	Practice from 5:30pm-6:30pm
Tuesday, July 29, 2008	Practice from 5:30pm-6:30pm
Tuesday, August 05, 2008	Practice from 5:30pm-6:30pm
Tuesday, August 12, 2008	Practice from 5:30pm-6:30pm
Tuesday, August 19, 2008	Practice from 5:30pm-6:30pm
Tuesday, August 26, 2008	Practice from 5:30pm-6:30pm
Tuesday, September 02, 2008	COUNTY GAMES from 5:30-6:30pm
Tuesday, September 09, 2008	Practice from 5:30pm-6:30pm
Tuesday, September 16, 2008	Practice from 5:30pm-6:30pm
Tuesday, September 23, 2008	Practice from 5:30pm-6:30pm
Tuesday, September 30, 2008	AREA GAMES from 5:30-6:30pm
Tuesday, October 07, 2008	Practice from 5:30pm-6:30pm
Tuesday, October 14, 2008	Practice from 5:30pm-6:30pm
Tuesday, October 21, 2008	Practice from 5:30pm-6:30pm
Tuesday, October 28, 2008	Practice from 5:30pm-6:30pm
Fri. Oct. 31- Sat. Nov. 1, 2008	STATE GAMES- Disney Wide World of Sports
Sat. Nov 8 or Sun. Nov 9	End of Season Party - TBA