

New Athlete Registration Packet

HOW TO SIGN UP:

1. Complete & return the enclosed forms.

Note: One form requires a doctor's signature- the Application for Participation. For insurance purposes, this document must be current and on site for an athlete to participate.

2. Sign up for our monthly e-newsletter and check our website for information on upcoming events.

3. Register Online for sports (one week before the start date) at specialolympicsseminolecounty.org/Sports

When the forms are complete, make a copy for your self and return the originals to our Recruitment Director via mail:
SOSC: Ranwa Nin El-khoury, PO Box 520742, Longwood FL, 32752-0742

Cell: 407-929-7254 Fax: 407-637-2370 Email: RanwaNin@SpecialOlympicsSeminoleCounty.org

FORMS ENCLOSED:

1. Athlete Sports Interest Form & Athlete Information Sheet

This form will allow us to notify the Athlete when a particular sports season that interests them begins. It will also help coaches better serve your athlete's specific needs by understanding them better.

2. Application for Participation

This is the medical form for the athlete to participate and **MUST** be signed by a licensed physician, licensed physician's assistant, or licensed nurse practitioner. No other medical forms may be accepted due to insurance purposes.

3. Athlete Release Form

The Release Form allows us to provide athletes with medical treatment until personnel arrives, as well as use any media of your athlete for Special Olympics purposes. If you are not ok with this, please do not sign this form and request a copy of our Special Provisions Form which is only if you **DO NOT** want your athlete to receive medical treatment due to religious beliefs.

4. Athlete Code of Conduct

In most cases, a parent or guardian will read this form to the athlete and in either case, a signature is require by the athlete and if explained by a parent or guardian, their signature is required as well.

5. Family Member Code of Conduct

Relatively new form and we are asking you to please read and sign it accordingly.

6. Atlanto-Axial Instability Status Form

For athletes with Down Syndrome and is only required to be filled out on the initial application process in Special Olympics. Once again a licensed physician, licensed physician's assistant, or licensed nurse practitioner **MUST** sign this form.

7. Atlanto-Axial Instability Release Form

Also for athletes with Down Syndrome and is only required to be filled out on the initial application process. The signature process is the same as above.



Special Olympics
Florida
Seminole County

www.SpecialOlympicsSeminoleCounty.org

Special Olympics Seminole County
Athlete Sports Interest Form

Please check **ONE** sport from each season that you would like to participate in. Seasons usually fall within the time frames listed below. This form is not a registration form, only an interest card. When a sport begins, we will send out a notice in our e-newsletter. Online Registration is available one week before the start date of each sport.

Return this form to the Recruitment Director via mail, fax, or email:

SOSC: Nin El-khoury , PO Box 520742, Longwood FL, 32752-0742

Fax #: 407-637-2370, Cell # 407-929-7254, Email: RanwaNin@SpecialOlympicsSeminoleCounty.org

Participants Name: _____ Date of Birth: _____

Phone: _____ Email: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Comments: _____

Basketball Championship (Sept-Mar)

Basketball

Aquatics Championship (May-Sept)

Aquatics

Fall/Spring Cheer/Dance (Oct-Apr)

Competition Cheerleading
(Taken over by the City of Altamonte Springs)

Equestrian Championship (Dec-May)

Equestrian

Golf Championship (May-Sept)

Golf

Athlete Input Council

Athlete Input Council meets monthly to share and implement their ideas for improvement in Special Olympics Seminole County.

Summer Games (Jan-May)

- Track and Field
- Soccer
- Volleyball
- Bocce (all ages)
- Tennis
- Cycling

Fall Classic (June-Nov)

- Bowling
- Softball
- Powerlifting
- Gymnastics
- Rollerskating

Global Messengers

This program is designed to teach Special Olympics athletes how to speak in public in front of a variety of audiences.

Young Athletes Program (Seasonal)

YAP (ages 2-7)

Optional Information:

Type of Disability? (i.e. Autism, Down Syndrome, Developmental Delay). Please use description if necessary.

Is there any additional important health information? (i.e. visual, physical or hearing impairment)

Are there any behavior tendencies we should be aware of? (ie. Temper tantrums, anxiety issues, attention deficit problems, tends to run off)

Please indicate a behavior plan or suggestions on what works best for the athlete at home/school in regards to the behavioral issues.

Are there any non-behavior issues we should be aware of? (i.e. Does not like loud noises, needs to be asked if they need to use the bathroom to avoid accidents)?

Please indicate any other useful information that may help us understand the athlete to better coach him/her.

Circle One

NEW RENEWAL

APPLICATION FOR PARTICIPATION (Medical Form)

(must be completed and signed by licensed examiner every 3 years)



COUNTY: _____

School/Agency: _____

SSN: _____ / _____ / _____

T-shirt Size: _____ Children: _____ OR Adult: _____

LAST NAME _____ FIRST _____

SEX M or F

DATE OF BIRTH month/day/year

Street Number/Address _____

City _____ State _____ Zip Code _____

Email _____

Parent/Guardian _____

Home Phone (_____) _____

Address (if different) _____

Work Phone (_____) _____

City _____ State _____ Zip Code _____

Emergency Contact (other than parent/guardian) _____

Emerg. Phone (_____) _____

Health Insurance Company _____

Ins. Policy # _____

Signature of parent/guardian/adult athlete completing form _____

FOR ATHLETES WITH DOWN SYNDROME -- Persons with Down syndrome should have a lateral x-ray of the cervical spine in hyperflexion and hyperextension. The interpretation of the radiographs should include measurements of the atlanto-dens interval.

- Has an x-ray evaluation for atlantoaxial instability been done?
If yes, was it positive for atlantoaxial instability? (positive indicates that the atlanto-dens interval is 5mm or more)

IS THERE PRESENT OR A HISTORY OF (to be completed by parent/caregiver):

- Heart problems/high blood pressure, Chest pain, Seizures/epilepsy/fainting spells, Diabetes, Hearing aid/hearing problems, Blindness/vision problem, Absence of one kidney or testicle, Tobacco use, Major surgery or serious illness, Heat stroke/exhaustion, Easy bleeding, Bone/joint problems, Sickle cell disease or trait, Uses a wheelchair, Emotional/psychiatric/behavioral problems, Asthma/breathing problems with exertion, Contact lenses/glasses/dentures/false teeth, Head injury/history of concussion, Immunizations (shots) are up-to-date, Special Diet Needs (list below), Year of last tetanus shot

Other problems that would interfere with participation _____

Allergy to the following (list specific):

Food _____ Insect sting/bites _____

Medication _____

MEDICATIONS

Table with 8 columns: Medication Name, Dosage, Date Presc., Times per day, Medication Name, Dosage, Date Presc., Times per day

PHYSICAL EXAMINATION

Table with 12 columns: Blood Pressure, Pulse, Weight, Height, Vision, Hearing, Neck, Skin, Oral Cavity, Extremities, Coordination, Reflexes, Cardiovascular system, Respiratory system, Gastrointestinal system, Genitourinary system, Cranial nerves

Other: _____

Primary MR Etiology/Category _____

I have reviewed the above health information and examined the athlete named in the application and certify that there is no medical evidence available to me which would preclude the athlete's participation in Special Olympics.

Restrictions _____

Examiner's Name: _____ Certification: MD DO DC PA ARNP

EXAMINER'S SIGNATURE _____ DATE: _____

OPTIONAL INFORMATION

Ethnic background: Asian African American Caucasian Hispanic Native American Other

OFFICIAL SPECIAL OLYMPICS RELEASE FORM



**Special Olympics
Florida**

COUNTY: _____

SCHOOL/AGENCY: _____

ATHLETE NAME Last: _____ First: _____

DATE OF BIRTH: _____ / _____ / _____
month day year

I represent and warrant that, to the best of my knowledge and belief, I (or my minor child) am (is) physically and mentally able to participate in Special Olympics activities. I also represent that a licensed physician has reviewed the health information contained in my (or my minor child's) application and has certified, based on an independent medical examination, that there is no medical evidence which would preclude me (or my minor child) from participating in Special Olympics. I understand that if I (or my minor child) have (has) Down Syndrome, I (or my minor child) cannot participate in sports or events which, by their nature, result in hyper-extension, radical flexion or direct pressure on my (or my minor child's) neck or upper spine unless I and two physicians have completed the official "Special Release for Athletes with Atlanto-Axial Instability," available from the Special Olympics Program in my area, or I (or my minor child) have (has) had a full radiological examination which establishes the absence of Atlanto-Axial Instability. I am aware that if I choose not to complete the "Special Release for Athletes with Atlanto-Axial Instability" form which establishes the absence of Atlanto-Axial Instability, I (or my minor child) must have the radiological examination before I (or my minor child) can participate in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, squat lift and football (soccer).

Special Olympics has my permission, (both during and anytime after), to use my (or my minor child's) likeness, name, voice or words in either television, radio, film, newspapers, magazines, and other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics and/or applying for funds to support these purposes and activities.

TO BE COMPLETED BY ADULT ATHLETE

OR

TO BE COMPLETED BY PARENT/GUARDIAN OF MINOR ATHLETE

If, during my participation in Special Olympics activities, I should need emergency treatment, and I am not able to give my consent or make my own arrangements for that treatment because of my injuries, I authorize Special Olympics to take whatever measures are necessary to protect my health and well-being, including, if necessary, hospitalization.

I understand that it is my responsibility to acquire, review and complete the Athlete Code of Conduct form for the safety and health of both myself and my fellow athletes.

I am at least 18 years old and have submitted the attached application for participation in Special Olympics. I have read this paper and fully understand the provisions of the release that I am signing. I understand that by signing this paper, I am saying that I agree to the provisions of this release.

Signature of Adult Athlete Date

I hereby certify that I have reviewed this release with the athlete whose signature appears above. I am satisfied, based on that review, that the athlete understands this release and has agreed to its terms.

Name (print): _____

Relationship to athlete: _____

If a medical emergency should arise during the minor athlete's participation in any Special Olympics activities, at a time when I am not personally present so as to be consulted regarding the athlete's care, I hereby authorize Special Olympics, on my behalf, to take whatever measures are necessary to ensure that the athlete is provided with any emergency medical treatment, including hospitalization, which Special Olympics deems advisable in order to protect the minor athlete's health and well-being.

I understand that it is my responsibility to acquire, review and complete the Athlete Code of Conduct form, with and for my athlete, for the safety and health of both my child/guard and their fellow athletes.

I am the parent/guardian of the minor athlete named in this application. I have read and fully understand the provisions of the above release, and have explained these provisions to the athlete. Through my signature on this release form, I am agreeing to the above provisions on my own behalf and on the behalf of the athlete named above. I hereby give permission for the athlete named above to participate in Special Olympics games, recreation programs and physical activity programs.

Signature of Parent/Guardian Date



SPECIAL OLYMPICS FLORIDA

ATHLETE CODE OF CONDUCT

In May 2000, the first Global Athlete Congress was held in The Netherlands. Special Olympics athletes from all over the world met to discuss important issues. These athletes asked for a “Code of Conduct,” or written set of rules for all athletes to follow. All Special Olympics competitors are ambassadors for the Special Olympics movement all around the world. This Code of Conduct holds all Special Olympics athletes to the highest standards of competition in keeping with the Olympic spirit.

Special Olympics shows the world the highest ideals of sport just like the Olympic Games. The Special Olympics oath is: “Let me win, but if I cannot win, let me be brave in the attempt.” Every Special Olympics athlete repeats these words before each competition. The oath is a pledge, or promise, to try to achieve the highest level of competition and good sportsmanship.

As a Special Olympics athlete, I pledge that:

RESPECT FOR OTHERS

- I will respect the rights, dignity and worth of other athletes, coaches, volunteers, friends and spectators in Special Olympics.
- I will treat everyone equally regardless of sex, ethnic origin, religion or ability.
- I will display control, respect, dignity and professionalism to all involved including athletes, coaches, opponents, officials, administrators, parents, spectators and media.

SPORTSMANSHIP

- I will practice good sportsmanship.
- I will not use bad language. I will not swear or insult other persons. I will not fight with other athletes, coaches, volunteers, staff or spectators.
- I will train regularly and commit to knowing and playing by the rules of my sport.
- I will listen to my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training, divisioning and competitions. I will not “hold back” in preliminaries just to get into an easier final heat.



SPECIAL OLYMPICS FLORIDA ATHLETE CODE OF CONDUCT (cont)

RESPONSIBILITIES FOR MY ACTIONS

- I will dress and act, at all times, in a professional manner that will be a credit to Special Olympics. Profanity, taunting and other forms of poor sportsmanship are subject to immediate ejection.
- I will not engage in any type of inappropriate behavior, sexual activity, and/or verbal or physical abuse with either Special Olympics athletes, staff, officials or other volunteers.
- I understand that I am responsible for my own actions, health and safety, to the extent that I am able.
- I will respect the property of hotels, dormitories, athletic facilities and dining facilities.
- I will not take part in the consumption of alcoholic beverages and/or controlled substances during any Special Olympics training or competition.
- I will not take part in smoking or chewing tobacco at any training or competition site except in designated smoking areas.
- I will obey all laws and Special Olympics rules.

By signing below, I am saying that:

- I have read (or have had read to me) this Athlete Code of Conduct.
- I agree to obey this Athlete Code of Conduct.
- I understand the words and meaning of this Athlete Code of Conduct.
- I understand that this Athlete Code of Conduct is a general guide for my conduct and does not describe all types of good and bad behavior.
- I understand that if I do not obey this Code of Conduct my Program or a Games Organizing Committee may not allow me to participate.

Print Name of Athlete

County Program

Signature of Athlete

Date

Witness: I hereby certify that I have reviewed this Code of Conduct with the athlete whose signature appears above. I am satisfied, based on that review, that the athlete understands this document and has agreed to its terms.

Witness signature _____ Relationship to athlete _____

OR

I have explained this Code of Conduct to my child/athlete and they understand to the best of their ability. I agree that my child/athlete will be held accountable for their behavior as specified in this Code of Conduct.

Parent/Guardian signature

Date



SPECIAL OLYMPICS FLORIDA FAMILY MEMBER CODE OF CONDUCT

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character.” We hope as family members you will embrace the spirit of Special Olympics and help us provide a competition and training environment that enhances athlete character and skill development. The following Family code of Conduct should be emphasized during training, competition and special events at any level (County, Area, State, and National).

As a Special Olympics Florida family member, I pledge the following:

- I will let my athlete choose the sports in which he/she would like to participate. I will not force my choice upon him/her.
- I will remember that athletes participate to have fun and that the game is for them, not the family members.
- I will see to it that my athlete’s medical form is up-to-date, complete, and on file.
- I will learn the rules of the game and the SOFL policies before I complain or protest.
- I (and my guests) will be a positive role model for my athlete and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all athletes, coaches, officials, and spectators at every game, practice, or competition.
- I understand that I play a vital role in the health and safety of my child/guard’s participation and I have a responsibility to assist Special Olympics in providing for the health and safety of all athletes, by reporting suspicious behavior, talking to my child/guard about personal safety, dropping off and picking up my child/guard from Special Olympics events at the times designated by the organization (not excessively earlier or later than said established times), and any and all other reasonable measures to assist in the protection of Special Olympics athletes.
- I (and my guests) will never engage in any kind of unsportsmanlike conduct, such as booing and taunting, refusing to shake hands, or using profane language and gestures, with any official, coach, or family member.
- I never encourage any behaviors or practices that would endanger the health and well being of the athletes.
- I will teach my athlete to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my athlete treat other athletes, coaches, officials, and spectators with respect, regardless of race, creed, color, sex, or ability.
- I will teach my athlete that doing one’s best is more important than winning, so that my athlete will never feel defeated by the outcome of a game or his/her performance.
- I will praise my athlete for competing fairly and trying hard, and I will make my athlete feel like a winner every time.
- I will never ridicule or yell at my athlete, or other participants, for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my athlete over winning. I will also de-emphasize games and competition in lower age groups.
- I will promote the emotional and physical well being of the athletes ahead of any personal desire that I may have for my athlete to win.



SPECIAL OLYMPICS FLORIDA FAMILY MEMBER CODE OF CONDUCT

- I will respect the officials and their authority during games and competition and will never question, discuss, or confront coaches during competitions. Instead, I will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my athlete that is free from drugs and alcohol, and I will refrain from their use at all sports events and competitions. I will smoke/chew tobacco only in designated areas.
- I will refrain from coaching my athlete, or other athletes, during competitions and practices if I am not the assigned coach.

As an SOFL family member, I also understand that, if I fail to abide by the aforementioned rules and guidelines, I may be subject to disciplinary action that could include, but not be limited to, the following:

- Verbal warning by officials, coaches, and/or County, Area, State personnel,
- Game suspension with written documentation of incident kept on file in the County, Area and SOFL State Office,
- Written warning,
- Game forfeit through official or coach, and/or
- Season suspension.
- Misbehavior Form submitted by an official , competition or facility coordinator at state level competitions

I hereby certify that I have reviewed, understood and agreed to this Code of Conduct.

Signature of Family Member

Date

Please print name

County

Athlete's Name

Added 07/02/07

**ATLANTO-AXIAL INSTABILITY STATUS
FORM
FOR ATHLETES WITH DOWN SYNDROME**



COUNTY: _____ SCHOOL/AGENCY: _____

ATHLETE NAME Last: _____ First: _____

DATE OF BIRTH: _____ / _____ / _____
month day year

A cervical vertebrae x-ray study shows that the above athlete (check one)
_____ does have _____ does not have
evidence of Atlanto-axial Instability.

Physician Comments: _____

Physician Name (please print): _____

Physician Signature: _____

Physician Title/Certification: _____ Date: _____

If the above athlete does have Atlanto-Axial Instability then they will be restricted from the sports/events listed below unless they submit a “Special Release for Athletes with Atlanto-axial Instability Form”. This form details any restrictions an athlete may have, the name, address and signature of two examining physicians and the signature of the adult athlete and witness or the parent/guardian of a minor athlete.

Restricted sports training and competition activities include: butterfly stroke, diving starts in swimming, diving, pentathlon, high jump, equestrian sports, artistic gymnastics, football (soccer), squat lift, alpine skiing and any warm-up exercise placing undue stress on the head and neck.



ATLANTO-AXIAL INSTABILITY RELEASE FORM

COUNTY: _____

SCHOOL/AGENCY: _____

ATHLETE NAME Last: _____ First: _____

DATE OF BIRTH: ____/____/____
month day year

CERTIFICATION BY PHYSICIANS

We have examined the athlete named in the application, who has Down Syndrome and who has been diagnosed as having Atlanto-axial Instability. We certify, based on our examinations of the athlete and our review of the health information contained in this application, that despite the diagnosis of Atlanto-axial Instability, this athlete is not medically precluded from participation in Special Olympics. We further certify that we have explained to the athlete named in this application, (and to the parent or guardian whose signature appears below, if the athlete is a minor), the medical risks associated with Atlanto-axial Instability and in particular, the risks associated with the athlete's participation in sports or events which, by their nature, may result in hyper-extension, radical flexion or direct pressure on the neck or upper spine. (Signatures of **two** physicians are required.)

Physician #1
Restrictions (if any): _____
Address: _____

Phone: _____ Date _____
Signature of Physician: _____

Physician #2
Restrictions (if any): _____
Address: _____

Phone: _____ Date _____
Signature of Physician: _____

CERTIFICATION OF ADULT ATHLETE

1. I have been informed by the physicians named above that I have Atlanto-axial Instability.
2. The risks associated with that condition, including the risks from participating in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and football (soccer) have been fully explained to me by the physicians named above, and I fully understand the possible medical consequences if I participate in any of these sports or events.
3. Although I recognize and understand the risks and possible medical consequences, I certify that I am taking these risks knowingly and voluntarily, of my own free will, because of my desire to participate in Special Olympics, including any or all of the sports/events listed above, based on the certifications of the two physicians named above that I am not medically precluded from participating in Special Olympics.

Signature of Adult Athlete Date

OR CERTIFICATION OF PARENT/GUARDIAN

1. I have been informed by the physicians named above that my son/daughter has Atlanto-axial Instability.
2. The risks associated with that condition, including the risks from participating in equestrian sports, gymnastics, diving, pentathlon, butterfly stroke, diving starts in swimming, high jump, alpine skiing, and football (soccer) have been fully explained to me by the physicians named above, and I fully understand the possible medical consequences if my son/daughter participate in any of these sports or events.
3. Although I recognize and understand the risks and possible medical consequences, I hereby give my permission for my son/daughter to participate in Special Olympics, including any or all of the sports/events listed above, based on the certifications of the two physicians named above that my son/daughter is not medically precluded from participating in Special Olympics.

Signature of Parent/Guardian Date

I hereby certify that I have reviewed this release with the athlete whose signature appears above. I am satisfied, based on that review, that the athlete understands this release and have agreed to its terms.

Name (print): _____

Relationship to athlete: _____