

2010 "SUMMER SPORTS" SEASON

Bocce, Cycling, Soccer, Track (Athletics), Tennis and Volleyball

Asst Sports Director: Rosemary Whelan

Phone: 407-963-5667

Email: Rosemary@SpecialOlympicsSeminoleCounty.org



Special Olympics

Florida
Seminole County
Be a fan™

REGISTRATION INFORMATION

Sports Offered:

Each sport offers multiple training levels (divisions) for the athlete to compete in. Sports are offered in a team play setting or individual competition or both.

- Skills (Individual or Team Skills)
- Individual Competition
- Team Play (Traditional or Unified- Individuals with & without special needs)

Sport Facilities:

Please remember that sports facilities are donated to our athletes and volunteer coaches.

TRACK AND FIELD (ATHLETICS)

Individual Sport & Team Relays

- Lake Mary High School, 655 Longwood Lake Mary Road Lake Mary, FL 32746
- Saturdays, 9:00am – 10:30am
- Head Coach: Wayne Tarkenton
- **2 Black-out dates are Lake Mary High School – See schedule for alternate location**

CYCLING

Individual Sport

- Lake Mary High School, 655 Longwood Lake Mary Road Lake Mary, FL 32746
- Saturdays, 9:00am – 10:30am
- Head Coach: Tim Hagan

TENNIS

Individual Sport & Team: Skills, Singles and Doubles

- Lake Mary High School 655 Longwood Lake Mary Road Lake Mary, FL 32746
- Saturdays, 11:00am -12:30pm
- Head Coach: Steve Waddell
- **Practice locations might be changed to Sanlando Park – See Schedule for update**

SOCCER

Individual & Team Sport: Skills and Team

- Soldier's Creek, 2400 State Road 419 Longwood, FL 32750
- Saturdays, 8:00am – 10:00am
- Head Coach: Stephanie Sharrer

VOLLEYBALL

Individual & Team Sport: Skills and Team

- Palm Springs Baptist Church, 601 Palm Springs Dr Altamonte Springs, FL 32701
- Saturdays, 8:30am – 10:30am
- Head Coach: Amy Cottrill
- **FIRST WEEK OF PRACTICE AT LAKE MARY HIGH SCHOOL, 655 Longwood Lake Mary Rd**
- **5 Black-out dates at Palm Springs Baptist – See schedule for alternate location**

BOCCE

Individual & Team: Singles and Doubles

- Westmonte Park, 624 Bills Lane Altamonte Springs, FL 32714
- Saturdays, 2:00pm-4:00pm
- Head Coach: Vernon Priest

PO Bo 520742.
Longwood FL 32752-0742
P 407-263-8043
F 407-637-2370

2010 "SUMMER SPORTS" SEASON**Bocce, Cycling, Soccer, Track (Athletics), Tennis and Volleyball****Asst Sports Director:** Rosemary Whelan**Phone:** 407-963-5667**Email:** Rosemary@SpecialOlympicsSeminoleCounty.org**Special Olympics**Florida
Seminole County
Be a fan™**SCHEDULE****SPECIFIC SPORTS SCHEDULES WILL BE HANDED OUT AT THE FIRST PRACTICE.****Black Out Dates: A few dates at select facilities are not available and will be rescheduled to a different facility. Please see sports schedule for location change.**

Lake Mary High School will be not be available on Feb 20, Mar 6

Palm Springs Baptist will not be available on Jan 16, Feb 20, Mar 6, Mar 20, Apr 24, May 1

Saturday, January 9, 2010	Family Registration Meeting
Saturday, January 16, 2010	Practice (Basketball Area Games) - Palm Springs not Available
Saturday, January 23, 2010	Practice
Saturday, January 30, 2010	Practice (Last Day for new athletes to Register)
Saturday, February 06, 2010	Practice (Basketball State Games)
Saturday, February 13, 2010	Practice
Saturday, February 20, 2010	Practice – Lake Mary not Available, Palm Springs not Available
Saturday, February 27, 2010	Practice
Saturday, March 06, 2010	Practice – Lake Mary not Available, Palm Springs not Available
Saturday, March 13, 2010	County Games – Lake Mary High School
Saturday, March 20, 2010	Practice - Palm Springs not Available
Saturday, March 27, 2010	Area Games – Orange County
<i>Saturday, April 03, 2010</i>	<i>NO PRACTICE- Easter Weekend</i>
Saturday, April 10, 2010	Practice
Saturday, April 17, 2010	Practice
Saturday, April 24, 2010	Practice - Palm Springs not Available
Saturday, May 01, 2010	Practice - Palm Springs not Available
Saturday, May 08, 2010	Practice
Fri. - Sun., May 14-16, 2010	State Games- Disney's Wide World of Sports- TBA
Saturday, May 22, 2010	End of Season Party - TBA

WEATHER CANCELATIONS:**Call the SOSC Hotline 1 hour before practice for cancelation information: 407-263-8043****Check in Point**

There will be a check-in point set up at the training facility. Please check in for attendance purposes and to receive Informational Notices – this is your responsibility. If you miss a week of practice, you will be able to find previous notices there. We also encourage using a "Buddy System" with other parents **on your athlete's team** to relay/share information when practice is missed.

Attendance

- Athletes competing in individual sports have to abide the attached 70% Attendance Policy to be eligible to advance State Games. Attendance does not affect any other competition advancement.
- Attendance is very important for team sports because it is not just about the individual athlete it is about the **team**. Each team needs as much practice together as possible to make sure they are working together and can rely on the other teammates. 70% Attendance Policy does not apply to team sports.
- If for some reason you can not attend a practice, please notify your coach as soon as possible.
- Attendance is very important in regards to advancing to competitions. ***Please let us know if you cannot attend competitions because that will affect the team's possibility for advancement.*** (The team roster at Area Games is permanent and cannot be changed)

 PO Bo 520742.
 Longwood FL 32752-0742
 P 407-263-8043
 F 407-637-2370

STATE GAMES SELECTION REQUIREMENTS & PROCESS



ADVANCING TO COMPETITIONS

1. An athlete must attend County Games in order to advance to Area Games.
2. An athlete must attend Area Games and meet the Attendance Policy (see below) to be considered as an attendee for State Games.
3. If parents or guardians feel their athlete cannot handle the trip to State Games, they are to notify the coaches prior to Area Games.
4. Athletes who are training in multiple sports need to choose one sport to compete in per season. They are to notify the appropriate coaches of their decision prior to Area Games.

STATE GAMES SELECTION PROCESS

Special Olympics Florida gives each county a "quota" of how many athletes we can bring to State Games. So that we are prepared for the quota distribution from the State we need have an established list of those eligible to go.

1. Athletes who earned at least one first place finish at Area Games will be entered into a random blind drawing to determine if they will attend State Games.
2. The head coach will conduct the drawing at the practice immediately following Area Games in the presences of at least one other witness and/or anyone wishing to observe.
3. The head coach will record the order in which the names were drawn so that when we receive our quota from the State Office, we can select the corresponding amount of athletes to attend.
 - a. If an alternate is needed, the head coach will refer back to the order of names drawn and select the next athlete on the list.
 - b. If there are not enough first-place finishers to fill our quota, then a separate drawing will be conducted among the second-place finishers from Area Games and so on until the quota is met.
4. Ballots may be viewed prior to the drawing upon request.
 - a. Each athlete will receive only one ballot for the drawing, regardless of the amount of first-place finishes they received at Area Games.
5. Team Sports are excluded from this process. The State Office selects which teams advance based on their wins/losses and the quota available for the competition.

70% ATTENDANCE POLICY

1. To advance to State Games, an athlete must attend at least 70% of the established practices from the start of the official season up until Area Games. (Round to the nearest whole number. Ex: 0.4 round down, 0.5 round up)
 - a. If this requirement has not been met, the athlete cannot advance to State Games.
 - b. The following are examples of the required attendance prior to Area Games
 - i. 15 established official practices- must attend no less than 11 practices
 - ii. 14 established official practices- must attend no less than 10 practices
 - iii. 13 established official practices- must attend no less than 9 practices
2. All head coaches will establish the number of official practices prior to the beginning of the season and will distribute those dates to all participating athletes prior to the start of practice.

STATE GAMES SELECTION REQUIREMENTS & PROCESS



EXCEPTIONS TO THE 70% ATTENDANCE POLICY:

1. If the athlete is participating in another sanctioned Special Olympics competition or event.
2. If practice has been established and inclement weather causes the cancellation of the practice before it begins, then this will not be considered an official practice.
 - a. However if practice begins and then must be cancelled due to weather, it will satisfy the requirement for one official practice.
3. *No other exceptions will be made. Please use your few absences wisely by "saving" some absences for unexpected emergencies that might arise- such as death in the family or even sick days.*
4. For Team Sports, the 70% rule will apply with a coaches' vote for exceptions. If an athlete is not going to be able to attend 70% of the practices the coaches of that sport (if more than three) will vote on whether or not the athlete can participate. If there are not three coaches for that particular sport, the Head Coach, Training Coordinator and County Coordinator will vote.

STATE GAMES TRAVELING REQUIREMENTS

1. In order to be considered for attending and representing Seminole County at State Competition, athletes must be able to travel to the competition as part of the delegation and remain with the delegation at all times.
 - a. This means that each athlete must eat meals, participate in events, and stay at the designated hotel with the delegation at all times.
 - b. An athlete may leave with parents or guardians at the conclusion of the games, but this must be approved by the head coach or delegate prior to the competition.
 - c. Exceptions can be made on a case by case base for athletes with unique situations; however, the coach needs to be notified of this in advance.

OTHER REQUIREMENTS

1. Under no circumstances will an athlete be able to train on his/her own and submit that as a legal or established practice.
 - a. All practices will be held and conducted in the presence of the designated head coach or designate.
2. In the case of Bowling, a minimum of 10 games must be completed prior to County Competition and official scores must be submitted to the head coach.
 - a. Practice is conducted at Altamonte Lanes on Monday afternoon; only those scores will count.
3. Certain sports will require teams to compete in competition, either in place of or in addition to County Games. This might require overnight stay depending on the location of the event.
 - a. It will be mandatory for all athletes participating in that sport to attend that event and travel with the team. (due to liabilities)
 - b. Only urgent excuses will be accepted (ex. Death in the family, hospitalization of the athlete, etc)
 - c. This is done to ensure that enough athletes will make the trip so that Seminole County will not be disqualified from further competition.

2010 "SUMMER SPORTS" SEASON

Bocce, Cycling, Soccer, Track (Athletics), Tennis and Volleyball

Asst Sports Director: Rosemary Whelan

Phone: 407-963-5667

Email: Rosemary@SpecialOlympicsSeminoleCounty.org



Special Olympics

Florida
Seminole County
Be a fan™

Athlete Contact Information

Athlete Name: _____

Phone: _____

Email: _____

Sport Selection

- Bocce Soccer Tennis
 Cycling Track (Athletics) Volleyball Unsure

Competition Attendance

County Games- Lake Mary HS

Saturday, March 13, 2010

- Yes No Maybe

Area Games- Orange County

Saturday, March 27, 2010

- Yes No Maybe

State Games - Orange County

Fri - Sun, May 14-16, 2010

- Yes No Maybe

State Games Selection Process

- Yes No Have you read and understand the state game selection process?

Medication Information -Please complete this section ONLY if your athletes medications have changed since their physical form was submitted to us.

Medication name	Amount taken	When/Frequency	Special Instructions

Comments