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Special Olympics
 Florida
 Seminole County
 Be a fan™

RYTHMIC GYMNASTICS

Please remember that sports facilities are donated to our athletes and volunteer coaches.

SCHEDULE

Location/Day/Time:

- Wednesdays from 6-7pm at St. Mary Magdalen Catholic Church Annex, 869 Maitland Avenue Altamonte Springs, FL 32701 (*Annex is in the back of the complex, past the gym*)

Notes:

- Wear comfortable clothes to practice. We encourage wearing elastic stretch shorts and/or leotards. Please bring and drink lots of water.

Saturday, June 12, 2010	Family Registration Meeting (Saint Mary Magdalen)
Wednesday, June 16, 2010	Practice
Wednesday, June 23, 2010	Practice
Wednesday, June 30, 2010	Practice
Wednesday, July 7, 2010	Practice – Last Day to Register
Wednesday, July 14, 2010	Practice
Wednesday, July 21, 2010	Practice
Wednesday, July 28, 2010	Practice
Wednesday, August 4, 2010	Practice
Wednesday, August 11, 2010	Practice
Wednesday, August 18, 2010	County Games – St. Mary Magdalen
Wednesday, August 25, 2010	Practice
Wednesday, September 1, 2010	Practice
Wednesday, September 8, 2010	Practice
Wednesday, September 15, 2010	Practice
Saturday, September 18, 2010	Area Games – St. Mary Magdalen
Wednesday, September 22, 2010	Practice
Wednesday, September 29, 2010	Practice
Wednesday, October 6, 2010	Practice
Wednesday, October 13, 2010	Practice
Wednesday, October 20, 2010	Location TBD
Wednesday, October 27, 2010	Location TBD
Fri. - Sun., Nov. 5-7, 2010	State Games- ESPN Wide World of Sports
Saturday, November 13, 2010	End of Season Party – Altamonte Springs Bowling Lanes

WEATHER CANCELATIONS: Call SOSC Hotline 1 hour before practice for cancellation info: 407-263-8043

ATTENDANCE POLICY

We have 11 practices before Area games. Athletes can schedule a make up session IF the coach is willing and available at the current practice location. *Remember, to be eligible for State Games, athletes must attend County & Area Games and 70% of practices between the start of the season and Area Games. That means athletes need to attend 4 of the 13 scheduled practices to be eligible. IF you miss practices because of other Special Olympics competitions, your absence will be excused.

Updated: 6/30/10